

## HOLTER MONITOR

### WHAT IS IT:

This is a machine that monitors your heart for a period of 24 hours. You wear the monitor while you maintain your current lifestyle. The monitor will record your heart's activity during this time period.

### HOW TO PREPARE FOR THE TEST:

1. Wear a 2 piece outfit that is loose fitting and preferably buttons down the front
2. Shower prior to coming for the test - DO NOT use talc or powder
3. The appointment will take about 30 mins.
4. You will need to return at the same time the following day, with a diary of activities, to have the recorder removed.
5. If you are not able to keep your appointment please call the Laboratory at **393-8739**.

WHITEHORSE GENERAL HOSPITAL AND ST. PAUL'S HOSPITAL, VANCOUVER  
HOLTER MONITOR REFERRAL FORM

### TO BE COMPLETED BY PHYSICIAN:

APPOINTMENT DATE: \_\_\_\_\_ TIME: \_\_\_\_\_

WGH ID #: \_\_\_\_\_

NAME: \_\_\_\_\_

DOB: \_\_\_\_\_ YHIS: \_\_\_\_\_

PHONE (h): \_\_\_\_\_ (w) \_\_\_\_\_

PACEMAKER:  NO  YES  VVI  DDD  AAI

CLINICAL PROBLEMS/REASON FOR TEST: \_\_\_\_\_  
\_\_\_\_\_

MEDICATIONS: \_\_\_\_\_  
\_\_\_\_\_

REFERRING PHYSICIAN: \_\_\_\_\_

PLEASE PRINT ( First and Last)

SIGNATURE

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### LAB USE ONLY:

HOOK UP DATE: \_\_\_\_\_ TIME: \_\_\_\_\_

RECORDER # \_\_\_\_\_ TYPE:  OXFORD  MARQUETTE