

- **Your child will be seen daily by the doctor.**
- **There is a First Nation Health Liaison worker in the hospital** during the day and the evening for support and assistance if you or your child require it. There is also a social worker on staff during week days.
- **As a parent, it is important to share information with health care providers about your hospitalized child,** such as the child's nickname, favourite toy/game and any comforting hints to help your child cope with the hospital situation.

Please ask questions at any time, especially if you're unsure about treatments and medications that your child is receiving!



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Welcome to the Children's Ward

of Whitehorse General Hospital

Offering flexibility for each family's needs and encouraging families to be involved in the care of their child.



www.yukonhospitals.ca/children

● **A parent or caregiver is expected to stay with their child 24 hours a day.** A sleeper chair can be provided for you to spend the night in the room with your child. Everything possible will be done to ensure your child is as comfortable as possible during his/her stay.

● **If you need a nurse please use the call bell.**

● **There are a limited amount of toys, reading and activity books,** due to the hospital's guidelines on infection control. **You are encouraged to bring a few favourite toys,** books or comfort items, such as a favourite blanket, from home.

● **There is a small supply of hospital children's pyjamas and gowns. Please bring in your child's night time clothing** (pyjamas, nighties or sleepers), or loose sweat pants and t-shirts to use while they are in hospital. Label these items so they are not lost if sent to the laundry.

● **Three meals a day and an evening snack are provided for patients.** The meals are delivered to the rooms at approximately the following times:

Breakfast ◦ 7:30 am

Lunch ◦ 11:30 am

Supper ◦ 5:00 pm

● **Breakfast will be served to a breast feeding mother, or to one caregiver of a young child that has stayed the night in the hospital.**

Lunch and supper may be available only if the parent or caregiver is unable to leave the child's room to go to the cafeteria. **Parents and caregivers are encouraged to visit the cafeteria** on the main floor of the hospital to purchase meals for themselves.

● **Please feel free to bring in special food** or treats for your child while they are in hospital. **Check with the nurse first about any diet restrictions necessary** for treatments or for tests. We can refrigerate or freeze items on the unit if necessary.

● **If your child is using a special bottle or formula,** please bring these items as well.

● **Bring any medications that your child is taking** so they may be reviewed by the health care team.

