

Live your best life

DIABETES WELLNESS SERIES

we're in this together



TAKE ACTION

with practical tips for healthy eating, self-managing and personal activity

FIND CONNECTION

with others living with diabetes and a specialized team of health care professionals

4 classes/\$20

canada games centre boardroom

MONDAYS
november
2nd–23rd

from 6pm–8pm

TO REGISTER:

danielle.fendrick@whitehorse.ca
(867) 668-8677
register by October 30th